# MISSISSIPPI COLLEGE SCHOOL OF NURSING NUR345 - Nursing I

Course: NUR 345 - Nursing I

**Credit**: 5 semester hours (70 contact hours)

Placement in curriculum: Semester I

**Prerequisite:** Admission to nursing major

Faculty: Coordinator: Charlotte Wood, Ph.D., R.N.

**Catalog Description:** Focuses on concepts, processes and skills necessary to address the maintenance and alteration in health of individuals and families throughout the lifespan.

**Course Description:** Focuses on foundational concepts, processes, and skills necessary for the practice of professional nursing. This course introduces nursing process, health continuum, communication, and categories of human functioning. Emphasis is placed on health assessment of individuals and families across the lifespan.

Course Rationale: This junior level didactic course provides students the opportunity to integrate knowledge from the liberal arts and sciences. The course focuses on foundational concepts, processes, and skills necessary for the practice of professional nursing. The course introduces nursing process, health continuum, communication and categories of human functioning. Students are prepared with the scientific knowledge, cognitive skills and interpersonal skills they need to effectively practice.

# **Course Learning Objectives:**

At the completion of this course, the student will be expected to:

- 1. Identify health maintenance and promotion concepts.
- 2. Describe the use of the nursing process in the delivery of health care.
- 3. Explain the basic communication process and its application to nursing.
- 4. Utilize critical thinking skills related to categories of human functioning and selected alterations in planning nursing care.
- 5. Relate the concept of spiritual well being to Christian caring in nursing.
- 6. Discuss the growth and development occurring across the lifespan.
- 7. Apply knowledge related to specific alterations in planning nursing care for individuals across the lifespan.

#### **Content Outline:**

I	Introduction to course				
	A.	NUR 345 Overview, Policies, Grade Sheet	4,5,6,7		
	B.	Integrity, Introduction to Professional Writing, and APA	8		
II.	Christian Caring as the Foundation of Nursing Practice				
III.	Client/patient Systems		11		

IV.	Health				
	A.	Health	n and Illness	12	
	B.	Healtl	n Promotion	13	
V.	Nursi	ng Process			
VI.	Critic	cal Thinking and Decision Making			
VII.	Communication				
	A.	Therapeutic			
	B.	Teach	ing/Learning	17,18	
VIII.	Categories of Human Functioning				
	A.	Protec	ctive functions	19	
	B.	Comf	ort Rest		
		1.	Sleep	20	
		2.	Pain	21	
		3.	Activity and Mobility	22	
	C.	Fluid-gas transport			
	D.	Nutrition			
	E.	Elimination			
	F.	Growth and Development			
		1.	Concepts Across the Life Span	27	
		2.	Family Development.	28,29	
		3.	Antepartal	30	
		4.	Older Adult	31	
	G.	Self Concept and Role Function.			
	H.	Psychosocial/cultural			
		1.	Human Response to Threat.	33,34	
		2.	Culture, Health and Illness.		
		3.	Sexuality		
		4.	Spirituality	37	
		5.	Human Response to Loss	38	

**Teaching Strategies/Methods of Instruction:** Lecture, discussion, case studies, group work/oral presentations, streamed videos, computer use. Each content area has an individual lesson plan with lesson objectives, lesson plan, required readings/activities/internet, teaching strategies, and evaluation methods. Integration of web sites, computer usage, and Moodle throughout the course.

**Evaluation Methods:** Exams (64%), Attendance, Daily grades (10%), Annotated bibliography (10%), Application of learning assignments (16%).

### **Required Textbooks:**

- Smeltzer, Suzanne C., Bare, Brenda G., Hinkle, Janice L., Cheever, Kerry H. *Brunner & Suddarth's Textbook of medical-surgical nursing* (11<sup>th</sup> ed) and Study Guide to Accompany. Philadelphia: Lippincott
- Olds, S.B., London, M.L., Ladewig, P.W. & Davidson, M.R. *Maternal newborn nursing & women's health care* (8<sup>th</sup> ed). Upper Saddle River, New Jersey: Pearson Prentice Hall.
- Olds, S.B. London, M.L., Ladewig, P.W. & Davidson, M.R. Workbook for maternal-newborn nursing &

women's health care (8th ed). Upper Saddle River, New Jersey: Pearson Prentice Hall.

Taber's cyclopedic medical dictionary (latest edition). Philadelphia: F.A. Davis

- Taylor, C.R., Lillis, C., Lemone P., Lynn, P. (2011) Fundamentals of nursing; The art and science of nursing care (7<sup>th</sup> ed) Philadelphia: Lippincott
- Taylor, C.R., Lillis, C., Lemone, P., Lynn, P., & LeBon, M. (2011) *Study guide to accompany fundamentals of nursing* (7<sup>th</sup> ed.) Philadelphia: Lippincott
- Weber, J. & Kelley, J. (2010) *Health assessment in nursing* (4<sup>th</sup> ed). Philadelphia: Lippincott
- Weber, J. & Kelley, J. & Sprengel, A. (2010) *Lab manual to accompany health assessment in nursing* (4<sup>th</sup> ed). Philadelphia: Lippincott
- Publication manual of the American Psychological Association (6<sup>th</sup> ed) Washington, DC: American Psychological Association.

# **Electronic Resources:**

Bates Visual Guide to Physical Examination

Taylor's Video Guide to Clinical Nursing Skills.

http://ThePoint.LWW..com/Taylor6e

# Mississippi College and School of Nursing Handbooks

Each student is expected to follow the policies and is encouraged to refer to the handbooks as needed. Listed below are a few excerpts from the handbooks.

### **Grading Scale**

The grading scale used by the School of Nursing is as follows:

A - 93-100

B - 85-92

C - 77-84

D - 70-76

F - 69 and below

For purposes of progression in the School of Nursing, grades of D and F represent unacceptable work. Students must have a 77% or higher average in order to successfully complete a course.

#### Late Work

- 1. Papers are considered late if not submitted by the specified due date and <u>time</u>. Any difficulty in meeting a due date should be discussed with the instructor prior to the due date. Late penalties will be calculated at 5 points per day, with the exception of Saturday and Sunday counting as one day.
- 2. Papers must follow the acceptable style (grammar, spelling), or the paper may be returned to be corrected before grading occurs. No late penalty will be imposed unless the revised deadline for the

paper is missed. All written work, once turned in to faculty, becomes property of the School of Nursing.

#### **Absences**

According to Academic Affairs Policy 2.10 there is an expectation that students attend class if they fail to do so it can result in an "F" for the course. In the School of Nursing if a student misses 25% or more of a particular course that student will receive an "F".

If a student misses more than the number of class periods specified in university policy and believes that there are reasonable explanations for the absences, he/she may appeal the absences to the Dean of the School in which the course is being taught. Students may obtain a Student Absence Appeal Form from the Dean's Office.

## **Important Dates**

Please refer to your course calendar for important course and college dates.

### **Grievance Procedure**

All grievance pertaining to the academic performance of a nursing student should be discussed by the Student should be discussed by the student and faculty member involved. If a problem cannot be resolved between the student and faculty member, the issue is then referred to the course coordinator. For further and more complete information regarding the grievance process please refer to Student Affairs Policy 4.01 in the Mississippi College School of Nursing Student Handbook.

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## **Academic Honesty:**

Mississippi College students are expected to be scrupulously honest. Dishonesty, such as cheating or plagiarism, or furnishing false information, including forgery, alteration or misuse of University documents, records or identification, will be regarded as a serious offense subject to severe penalty, including, but not limited to, loss of credit and possible dismissal. See the Mississippi College Student Handbook or University Policy 2.19 for specific information regarding penalties associated with dishonest behavior at Mississippi College. Copies of the Mississippi College Student Handbook are available on line under Campus Life; Student publications. Copies of university policies are available on the Mississippi College web site. (Source: Mississippi College Undergraduate Catalog)

## **Plagiarism**

The School of Nursing adheres to the Mississippi College policy concerning plagiarism which appears in the *Mississippi College General Bulletin* and the *Mississippi College Student Handbook*. It is as stated here:

No student shall submit as his own work any term paper, research paper, thesis or other academic assignment of original work that in any substantial part is not in fact his own work. (This is not intended to prohibit clerical or stenographic assistance such as typing of manuscripts, nor is it to hinder the normal use of reference or other material, provided that the source is acknowledged and documented.) Violation of this regulation shall result in a grade of "0" on the paper or project; repeated violation shall be cause for severe disciplinary action; aiding or abetting plagiarism of the sort described above shall also be cause for disciplinary action (refer. In the absence of clear evidence of a violation, but when there are grounds for reasonable doubt that any item of work is the student's own, the work (paper, thesis, etc.) shall be rejected and the student shall be given another opportunity to do the work with proper safeguards for the assurance of honesty.

Failure to adhere to this policy may result in dismissal.

# **Support Services**

Mississippi College School of Nursing faculty provide basic support services such as test review, tutoring, and academic advising. These are available to the student upon request to the appropriate semester faculty. In addition to the support services provided Mississippi College provides support services such as the writing center, testing and counseling, career services and health services. Please refer to the Mississippi College web page for more detailed information

#### Disabilities Act of 1990

In accordance with Section 504 of the Rehabilitation Act of 1973, Mississippi College does not discriminate on the basis of handicap in admission or access to, or treatment or employment in, its programs and activities.

## Disabilities: ADA Statement and Student Counseling Services Protocol (Sp 2010)

In order for a student to receive disability accommodations under Section 504 of the Americans with Disabilities Act, he or she must schedule an individual meeting with the Director of Student Counseling Services **immediately upon recognition of their disability** (if their disability is known they must come in before the semester begins or make an appointment **immediately** upon receipt of their syllabi for the new semester). The student must bring with them written documentation from a medical physician and/or licensed clinician that verifies their disability. If the student has received prior accommodations, they must bring written documentation of those accommodations (example Individualized Education Plan from the school system). Documentation must be current (**within 3 years**). The student must meet with SCS **face-to face** and also attend two (2) additional follow up meetings (one mid semester before or after midterm examinations and the last one at the end of the semester). Please note that the student may also schedule additional meetings as needed for support

through SCS as they work with their professor throughout the semester. Note: Students must come in **each semester** to complete their Individualized Accommodation Plan (example: MC student completes fall semester IAP plan and even if student is a continuing student for the spring semester they must come in again to complete their spring semester IAP plan).

Student Counseling Services is located in Alumni Hall Room #4 or they may be contacted via email at <a href="mailto:christia@mc.edu">christia@mc.edu</a> or <a href="mailto:rward@mc.edu">rward@mc.edu</a>. You may also reach them by phone at **601-925-7790.** 

Adopted by faculty 5/96 Revised 6/97, 12/97, 6/98, 5/99,5/03, 6/06, 9/07, 7/10, 6/11