FOUR YEAR GUIDE TO CAREER SERVICES FOR PARENTS

FRESHMAN

- Encourage your student to apply his or her strengths. Your student will take the StrengthsQuest assessment during Blue & Gold 101. Freshmen should schedule an appointment with Career Services to discuss their results.
- Emphasize academics and career exploration, but don't pressure your son or daughter to know exactly what they want to do. Go to www.mc.edu/career/parents/resources for information on how to talk with your student about the future.
- Encourage your student to become involved on campus. For a full list of clubs and organizations, go to www.mc.edu/campuslife/clubs.

SOPHOMORE

- Discuss the value of networking. Encourage your student to cultivate relationships with faculty, staff, and others in your community to gather real world career information.
- Emphasize the importance of seeking out internships, mission work, part-time employment, or volunteer opportunities to learn new skills and begin building an impressive resume.
- Encourage your student to create or update a profile on MC CareerLink at www.mc.edu/career.
- Have your student contact a Career Services professional to create, review, or customize a resume.

JUNIOR

- Ensure your student is continuing to gain practical experience through an internship, volunteer work, or employment.
- Discuss future plans with your student by asking questions: What do you plan to do after leaving MC? Are you considering graduate or professional school? What skills do you still need? What work/volunteer experience do you have? What work environments interest you? Accept the answers and point your student to MC resources.
- Remind your student to update his or her resume and contact Career Services for a personal resume critique and a private interview coaching session.
- Your student should upload a resume on MC CareerLink and attend events sponsored by Career Services, including Career Day. For a list of upcoming events, please visit the Career Services website.

SENIOR

- Develop a career and life plan with your student. Tell him or her to contact Career Services for help in targeting employers and industries.
- Have your student schedule a mock interview with a Career Services professional.
- Remind your student to update and upload the most current version of his or her resume to MC CareerLink.
- Encourage your student to attend Career Day.
- Discuss graduate school with your student and help narrow down viable options. Career Services can assist your student with graduate school applications and personal statements.

Nelson Hall 314 • 601.925.3901
Website: www.mc.edu/career
Email: career-services@mc.edu
Twitter: @mccareers
Find MC Career Services on Facebook

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CAREER SERVICES