



Mississippi College
A CHRISTIAN UNIVERSITY

**Plan of Study
Department of
Kinesiology**

2019 Revision

Student: _____
MC ID: 700

UNIVERSITY CORE : (Total 49/50 sem. hrs.)

| | <u>Cr</u> | <u>Semester Taken</u> | <u>Grade</u> |
|-----------------------------|-----------|-----------------------|--------------|
| HUMANITIES (12 hrs.) | | | |
| ENG 099 (Proficiency Test) | 0 | _____ | _____ |
| ENG 101 (English Comp.) | 3 | _____ | _____ |
| ENG 102 (English Comp.) | 3 | _____ | _____ |

Choose two:

| | | | |
|-------------------------------|---|-------|-------|
| ENG 211 (World Masterpieces) | 3 | _____ | _____ |
| ENG 212 (British Literature) | 3 | _____ | _____ |
| ENG 213 (American Literature) | | | |

NATURAL SCIENCE/MATH (14/13 hrs.)

| | | | |
|--|-----|-------|-------|
| (EXSC, Pre PT, and Pre-OT) | | | |
| BIO 111 (Biology I) | 4 | _____ | _____ |
| BIO 112 (Biology II) | 4 | _____ | _____ |
| (All other concentrations) | | | |
| BIO 101 (Biology for Today) | 3 | _____ | _____ |
| BIO 103/104 (Human Biology) | 3/1 | _____ | _____ |
| CSC 114 (Intro. to Computers) or CSC 115 (Found. of Computers) | 3 | _____ | _____ |
| MATH _____ | 3 | _____ | _____ |
| Pre-PT and Pre-OT must take 102 (Trigonometry) EXSC must take 111 (College Algebra) | | | |

HISTORY (6 hrs.)

| | | | |
|---|---|-------|-------|
| HIS 103 & 104 (World Civ) OR HIS 211 & 212 (US History) | 3 | _____ | _____ |
|---|---|-------|-------|

SOCIAL SCIENCES (6 hrs.)

| | | | |
|-----------------------------------|---|-------|-------|
| (Spt. Mgt. must take ECO 231) | | | |
| PSY 201 (Intro) | 3 | _____ | _____ |
| GBU 151 (Bus Skill Life) | 3 | _____ | _____ |
| ECO 231 (Economic Principles I) | | | |
| PLS 201 (American National Gov.) | | | |
| SOC 205 (Principles of Sociology) | | | |
| MLG 205 (Cross-Cultural Under.) | | | |
| PHI ___ (Philosophy) | | | |
| CHE 141 (Gen Inorg Chem I) | | | |

FINE ARTS (3 hrs.) Choose one:

| | | | |
|------------------------------|---|-------|-------|
| ART 125 (Art Appreciation) | 3 | _____ | _____ |
| MUS 125 (Music Appreciation) | | | |
| THE 125 (Intro to Theater) | | | |

BIBLE (6 hrs.)

| | | | |
|-------------------------|---|-------|-------|
| BIB 110 (Old Testament) | 3 | _____ | _____ |
| BIB 120 (New Testament) | 3 | _____ | _____ |

KIN 123 (Fitness for Life)

| | | | |
|------------------------------------|---|-------|-------|
| KIN 124 (Nutrition for Well Being) | 2 | _____ | _____ |
|------------------------------------|---|-------|-------|

KINESIOLOGY CORE (31 sem. hrs.)

| | | | |
|------------------------------------|---|-------|-------|
| KIN 105 (Comprehensive Health) | 3 | _____ | _____ |
| KIN 107 (First Aid) | 3 | _____ | _____ |
| KIN 150 (Foundations) | 3 | _____ | _____ |
| KIN 211 (Nutrition) | 3 | _____ | _____ |
| KIN 308 (Basic Athletic Training) | 3 | _____ | _____ |
| KIN 322 (Prin. Strength & Cond.) | 3 | _____ | _____ |
| KIN 350 (Psych. of Sport) | 3 | _____ | _____ |
| KIN 360 (Anatomical Kinesiology) | 3 | _____ | _____ |
| KIN 420 (Physiology of Exercise) | 3 | _____ | _____ |
| KIN 421 (Phys of Exercise Lab) | 1 | _____ | _____ |
| KIN 430 (Exercise Pres. & Assess.) | 3 | _____ | _____ |
| KIN 099 (Comprehensive Exam) | 0 | _____ | _____ |

| | <u>Cr</u> | <u>Sem. Taken</u> | <u>Grade</u> |
|---|-----------|-------------------|--------------|
| CONCENTRATION AREAS | | | |
| KINESIOLOGY-GENERAL (25 hrs.) | | | |
| KIN Coaching (313,314,315,316,317,318) | 3 | _____ | _____ |
| KIN 326 (Sports Nutrition) | 3 | _____ | _____ |
| KIN 482 (Mgt. PE, Fitness, Sport) | 3 | _____ | _____ |
| KIN ___ Elective (200 level or higher) | 3 | _____ | _____ |
| KIN ___ Elective (200 level or higher) | 3 | _____ | _____ |
| KIN ___ Elective (300 level or higher) | 3 | _____ | _____ |
| KIN ___ Elective (400 level or higher) | 3 | _____ | _____ |
| PED Activity | 1 | _____ | _____ |
| PED Activity | 1 | _____ | _____ |
| PED Activity | 1 | _____ | _____ |
| PED Activity | 1 | _____ | _____ |
| General Electives-25 hrs. | | | |
| EXERCISE SCIENCE (34 hrs) | | | |
| CHE 141 (Gen Inorg Chem I) | 4 | _____ | _____ |
| CHE 143 (Organic & Biochemistry) | | | |
| BIO 203 (Human A&P I) | 4 | _____ | _____ |
| BIO 204 (Human A&P II) | 4 | _____ | _____ |
| KIN 326 (Sports Nutrition) | 3 | _____ | _____ |
| KIN 425 (Adv. Sports Medicine) | 3 | _____ | _____ |
| KIN 460 (Internship) | 3 | _____ | _____ |
| KIN 481 (Biomechanics) | 3 | _____ | _____ |
| KIN ___ Elective | 3 | _____ | _____ |
| KIN ___ Elective | 3 | _____ | _____ |
| PED Activity | 1 | _____ | _____ |
| General Electives-19 hrs | | | |
| PRE-PHYSICAL THERAPY (37 hrs.) | | | |
| CHE 141 (Gen Inorg Chem I) | 4 | _____ | _____ |
| CHE 142 (Gen Inorganic Chem II) | 4 | _____ | _____ |
| BIO 203 (Human A&P I) | 4 | _____ | _____ |
| BIO 204 (Human A&P II) | 4 | _____ | _____ |
| PHY 151 (General Physics I) | 4 | _____ | _____ |
| PHY 152 (General Physics II) | 4 | _____ | _____ |
| Advanced PHY or BIO | 4 | _____ | _____ |
| MAT 207 or PSY 301(Statistics) (senior college) | 3 | _____ | _____ |
| KIN 460 (Internship) | 3 | _____ | _____ |
| KIN 481 (Biomechanics) | 3 | _____ | _____ |
| General Electives-12 hrs. | | | |
| PRE-OCCUPATIONAL THERAPY (37 hrs.) | | | |
| CHE 141 (Gen Inorg Chem I) | 4 | _____ | _____ |
| BIO 203 (Human A&P I) | 4 | _____ | _____ |
| BIO 204 (Human A&P II) | 4 | _____ | _____ |
| PHY 151 (General Physics I) | 4 | _____ | _____ |
| MAT 207 or PSY 301(Statistics) (senior college) | 3 | _____ | _____ |
| KIN 460 (Internship) | 3 | _____ | _____ |
| KIN 481 (Biomechanics) | 3 | _____ | _____ |
| COM 304 (Public Speaking) | 3 | _____ | _____ |
| PSY 314 (Dev. Psych.) | 3 | _____ | _____ |
| PSY 302, 304, 305, or 423 | 3 | _____ | _____ |
| Social Science Elective | 3 | _____ | _____ |
| General Electives-12 hrs. | | | |
| SPORTS MANAGEMENT (31 hrs.) | | | |
| ACC 201 (Elem Accounting) | 3 | _____ | _____ |
| ACC 202 (Elem Accounting) | 3 | _____ | _____ |
| ECO 232 (Econ Prin II) | 3 | _____ | _____ |
| MGT 371 (Prin Mgt/Organ) | 3 | _____ | _____ |
| MKT 381 (Marketing) | 3 | _____ | _____ |
| FIN 341 (Business Finance) | 3 | _____ | _____ |
| KIN 401 (Facility Design and Event Mgt) | 3 | _____ | _____ |
| KIN 410 (Legal Aspects Sport) | 3 | _____ | _____ |
| KIN 460 (Internship) | 3 | _____ | _____ |
| KIN 482 (Mgt. PE, Fitness, Sport) | 3 | _____ | _____ |
| PED Activity | 1 | _____ | _____ |
| General Electives-19 hrs. | | | |
| SPORTS MINISTRY (31 hrs.) | | | |
| MIN 201 (Found. Christian Min.) | 3 | _____ | _____ |
| MIN 305 (Evangelisms and Missions) | 3 | _____ | _____ |
| MIN 315 (Ministry to Youth) | 3 | _____ | _____ |
| MIN 403 (Church Leadership) | 3 | _____ | _____ |
| CSP or MIN elective* | 3 | _____ | _____ |
| CSP or MIN elective* | 3 | _____ | _____ |
| PSY 451 (Adventure Based Counseling) | 3 | _____ | _____ |
| KIN ___ Elective (200 or higher) | 3 | _____ | _____ |
| KIN ___ Elective (300 or higher) | 3 | _____ | _____ |
| KIN 460 (Internship) | 3 | _____ | _____ |
| PED Activity | 1 | _____ | _____ |
| General Electives-19 hrs. | | | |

*Advisor approval

PROFESSIONAL EDUCATION (47 sem. hrs.)

| | | | |
|--|---|-------|-------|
| KIN 091 (Physical Fitness Testing UG) | 0 | _____ | _____ |
| KIN 226 (Team Sports) | 2 | _____ | _____ |
| KIN 228 (Lifetime Activities) | 2 | _____ | _____ |
| EDU 299**(Pre-Teach Field Experience) | 1 | _____ | _____ |
| EDU 300**(Intro. to Education) | 3 | _____ | _____ |
| EDU 304 (Educational Psychology) | 3 | _____ | _____ |
| KIN 385 (Motor Development) | 3 | _____ | _____ |
| KIN 396 (Measurement & Evaluation) | 3 | _____ | _____ |
| PSY 435 (Exceptional Child) | 3 | _____ | _____ |
| PED Activity (Aquatics) | 1 | _____ | _____ |
| PED Activity (Conditioning) | 1 | _____ | _____ |
| PED Activity (Individual Sport/Activity) | 1 | _____ | _____ |

NOTE: STUDENT MUST BE ADMITTED TO TEACHER ED PROGRAM BEFORE TAKING ANY OF THE FOLLOWING COURSES:

| | | | |
|---|----|-------|-------|
| KIN 306 (PE Elem School) | 3 | _____ | _____ |
| KIN 307 (PE Secondary School) | 3 | _____ | _____ |
| KIN 386 (Adapted PE) | 3 | _____ | _____ |
| EDU 460+(Man. Second.) | 3 | _____ | _____ |
| EDU 471, 472, 473, 474*(Directed Teach) | 12 | _____ | _____ |
| KIN 092 (Physical Fitness Testing SR) | 0 | _____ | _____ |

General Electives-3 hrs.

*Taken during the same semester. + TEP admission required
 **These courses must be taken during the sophomore year.

GENERAL ELECTIVES

The number of general elective hours required are dependent upon student's Kinesiology concentration.

| | | | | | |
|---------------------|----------|------------------|----------|-------------------|----------|
| General Kinesiology | 25 hours | Exercise Science | 15 hours | Pre-PT and Pre-OT | 12 hours |
| Sports Management | 19 hours | Sports Ministry | 19 hours | Education | 3 hours |

| | | | | | |
|-------|-------|-------|-------|-------|-------|
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ |

CHAPEL (One to four semesters are required depending upon student's classification at time of matriculation.) _____

**ENTRANCE AND MAINTENANCE REQUIREMENTS FOR THE MISSISSIPPI COLLEGE
 TEACHER EDUCATION PROGRAM (TEP) – Secondary and K-12**

Teacher candidates will apply for admission into the Teacher Education Program (TEP) as part of the course requirements for EDU 300, INTRODUCTION TO EDUCATION. Transfer students who have had the course equivalent of EDU 300 at another 4-year institution, must make application to TEP in the Office of Field Experiences (Lowrey 207) during their first semester at Mississippi College. No upper level (300-400) courses including EDU 300 are accepted in transfer from 2-year colleges as part of Teacher Education Program requirements. All students must be admitted to the TEP before taking any courses for which TEP admission is required. All teacher candidates applying for entrance into the TEP must:

1. have successfully completed 44 semester hours
2. have an overall (cumulative) GPA of at least 2.75
3. have a minimum GPA of 2.75 in the area(s) of expected certification
4. pass the PRAXIS I Core CASE: Reading 156; Writing 162; Mathematics 130. *Entrance test is waived if student has an ACT score of 21 or higher or SAT (1060 or higher math/verbal).*
5. have passed the Writing Proficiency Exam or ENG 299.

**ENTRANCE AND MAINTENANCE REQUIREMENTS FOR THE PROFESSIONAL SEMESTER (PS) of
 STUDENT TEACHING AT MISSISSIPPI COLLEGE**

STUDENT TEACHING ASSIGNMENTS ARE RESTRICTED TO COPIAH, HINDS, LINCOLN, MADISON, RANKIN, WARREN, AND YAZOO COUNTIES. Appeals to student teach outside of these areas must be made to the Teacher Education Department Chair. Student Teaching is to be completed during the senior year after the following requirements have been met:

1. be admitted to the Teacher Education Program for at least one full semester prior to the semester of student teaching.
2. not have any grades of (I) incomplete.
3. complete courses and have grade(s) on file in the Registrar's Office before the Professional Semester begins.
4. have at least a 2.75 GPA in the area(s) of expected certification as well as a cumulative GPA of 2.75.
5. have completed at least three-fourths of the required courses in his/her area of specialization, (secondary education students only).
6. have completed (with a minimum grade of C) all Professional Education and subject matter courses except 471, 472, 473, 474 (K-12 students only).
7. upon taking EDU 460 must pass with a grade of C or better.
8. have completed one Personal Fitness Assessment and reported results to Physical Education College Advisor.
9. have discussed Physical Educator's Code of Conduct with Advisor and signed contract agreeing to abide by Code throughout Student Teaching.

It is the responsibility of each teacher candidate to return a completed application for student teaching to the Office of Field Experiences by the assigned date.

Teacher candidates pass the Praxis I as part of the entrance requirements into the TEP. Teacher candidates also pass the Praxis II which includes the Principles of Learning and Teaching (PLT) plus a specialty area test in order to be licensed by the Mississippi Department of Education.

I have read carefully the above material. I understand that it is my responsibility to see that each of these requirements is met. I also understand that I am responsible for the information found in the college catalog and the Teacher Education Handbook.

Student's Signature: _____ **Date:** _____

Printed Name: _____