



**Mississippi College**  
A CHRISTIAN UNIVERSITY

**Plan of Study  
Department of  
Kinesiology**

**2019 Revision**

**Student:** \_\_\_\_\_  
**MC ID:** 700

**UNIVERSITY CORE : (Total 49/50 sem. hrs.)**

	<u>Cr</u>	<u>Semester Taken</u>	<u>Grade</u>
<b>HUMANITIES (12 hrs.)</b>			
ENG 099 (Proficiency Test)	0	_____	_____
ENG 101 (English Comp.)	3	_____	_____
ENG 102 (English Comp.)	3	_____	_____

Choose two:

ENG 211 (World Masterpieces)	3	_____	_____
ENG 212 (British Literature)	3	_____	_____
ENG 213 (American Literature)		_____	_____

**NATURAL SCIENCE/MATH (14/13 hrs.)**

(EXSC, Pre-PT, and Pre-OT)			
BIO 111 (Biology I)	4	_____	_____
BIO 112 (Biology II)	4	_____	_____
(All other concentrations)			
BIO 101 (Biology for Today)	3	_____	_____
BIO 103/104 (Human Biology)	3/1	_____	_____
CSC 114 (Intro. to Computers) or CSC 115 (Found. of Computers)	3	_____	_____
MATH _____	3	_____	_____
Pre-PT and Pre-OT must take 102 (Trigonometry)			
EXSC must take 101 (College Algebra)			

**HISTORY (6 hrs.)**

HIS 101 & 102 (West Civ) OR	3	_____	_____
HIS 103 & 104 (World Civ) OR	3	_____	_____
HIS 211 & 212 (US History)		_____	_____

**SOCIAL SCIENCES (6 hrs.)**

(Spt. Mgt. must take ECO 231)			
PSY 201 (Intro)	3	_____	_____
GBU 151 (Bus Skill Life)	3	_____	_____
ECO 231 (Economic Principles I)		_____	_____
PLS 201 (American National Gov.)		_____	_____
SOC 205 (Principles of Sociology)		_____	_____
MLG 205 (Cross-Cultural Under.)		_____	_____
PHI ___ (Philosophy)		_____	_____

**FINE ARTS (3 hrs.) Choose one:**

ART 125 (Art Appreciation)	3	_____	_____
MUS 125 (Music Appreciation)		_____	_____
THE 125 (Intro to Theater)		_____	_____

**BIBLE (6 hrs.)**

BIB 110 (Old Testament)	3	_____	_____
BIB 120 (New Testament)	3	_____	_____

**KIN 123 (Fitness for Life)**

**KIN 124 (Nutrition for Well Being)**

**KINESIOLOGY CORE (31 sem. hrs.)**

KIN 105 (Comprehensive Health)	3	_____	_____
KIN 107 (First Aid)	3	_____	_____
KIN 150 (Foundations)	3	_____	_____
KIN 211 (Nutrition)	3	_____	_____
KIN 308 (Basic Athletic Training)	3	_____	_____
KIN 322 (Prin. Strength & Cond.)	3	_____	_____
KIN 350 (Psych. of Sport)	3	_____	_____
KIN 360 (Anatomical Kinesiology)	3	_____	_____
KIN 420 (Physiology of Exercise)	3	_____	_____
KIN 421 (Phys of Exercise Lab)	1	_____	_____
KIN 430 (Exercise Pres. & Assess.)	3	_____	_____
KIN 099 (Comprehensive Exam)	0	_____	_____

CONCENTRATION AREAS	<u>Cr</u>	<u>Sem. Taken</u>	<u>Grade</u>
<b>KINESIOLOGY-GENERAL (25 hrs.)</b>			
KIN Coaching (313,314,315,316,317,318)	3	_____	_____
KIN 326 (Sports Nutrition)	3	_____	_____
KIN 482 (Mgt. PE, Fitness, Sport)	3	_____	_____
KIN _____ Elective (200 level or higher)	3	_____	_____
KIN _____ Elective (200 level or higher)	3	_____	_____
KIN _____ Elective (300 level or higher)	3	_____	_____
KIN _____ Elective (400 level or higher)	3	_____	_____
PED Activity	1	_____	_____
PED Activity	1	_____	_____
PED Activity	1	_____	_____
PED Activity	1	_____	_____
General Electives-25 hrs.		_____	_____

**EXERCISE SCIENCE (34 hrs)**

CHE 141 (Gen Inorg Chem I)	4	_____	_____
CHE 143 (Organic & Biochemistry)	3	_____	_____
BIO 203 (Human A&P I)	4	_____	_____
BIO 204 (Human A& P II)	4	_____	_____
KIN 326 (Sports Nutrition)	3	_____	_____
KIN 425 (Adv. Sports Medicine)	3	_____	_____
KIN 460 (Internship)	3	_____	_____
KIN 481 (Biomechanics)	3	_____	_____
KIN _____ Elective	3	_____	_____
KIN _____ Elective	3	_____	_____
PED Activity	1	_____	_____
General Electives-15 hrs		_____	_____

**PRE-PHYSICAL THERAPY (37 hrs.)**

CHE 141 (Gen Inorg Chem I)	4	_____	_____
CHE 142 (Gen Inorganic Chem II)	4	_____	_____
BIO 203 (Human A&P I)	4	_____	_____
BIO 204 (Human A& P II)	4	_____	_____
PHY 151 (General Physics I)	4	_____	_____
PHY 152 (General Physics II)	4	_____	_____
Advanced PHY or BIO	4	_____	_____
MAT 207 or PSY 301(Statistics) (senior college)	3	_____	_____
KIN 460 (Internship)	3	_____	_____
KIN 481 (Biomechanics)	3	_____	_____
General Electives-12 hrs.		_____	_____

**PRE-OCCUPATIONAL THERAPY (37 hrs.)**

CHE 141 (Gen Inorg Chem I)	4	_____	_____
BIO 203 (Human A&P I)	4	_____	_____
BIO 204 (Human A& P II)	4	_____	_____
PHY 151 (General Physics I)	4	_____	_____
MAT 207 or PSY 301(Statistics) (senior college)	3	_____	_____
KIN 460 (Internship)	3	_____	_____
KIN 481 (Biomechanics)	3	_____	_____
COM 304 (Public Speaking)	3	_____	_____
PSY 314 (Dev. Psych.)	3	_____	_____
PSY 302,304,305, or 423	3	_____	_____
Social Science elective	3	_____	_____
General Electives-12 hrs.		_____	_____

**SPORTS MANAGEMENT (31 hrs.)**

ACC 201 (Elem Accounting)	3	_____	_____
ACC 202 (Elem Accounting)	3	_____	_____
ECO 232 (Econ Prin II)	3	_____	_____
MGT 371 (Prin Mgt/Organ)	3	_____	_____
MKT 381 (Marketing)	3	_____	_____
FIN 341 (Business Finance)	3	_____	_____
KIN 401 (Facility Design and Event Mgt)	3	_____	_____
KIN 410 (Legal Aspects Sport)	3	_____	_____
KIN 460 (Internship)	3	_____	_____
KIN 482 (Mgt. PE, Fitness, Sport)	3	_____	_____
PED Activity	1	_____	_____
General Electives-19 hrs.		_____	_____

**SPORTS MINISTRY (31 hrs.)**

MIN 201 (Found. Christian Min.)	3	_____	_____
MIN 403 (Church Leadership)	3	_____	_____
MIN 305 (Evangelism and Missions)	3	_____	_____
MIN 315 (Ministry to Youth)	3	_____	_____
CSP or MIN elective+	3	_____	_____
CSP or MIN elective+	3	_____	_____
PSY 451 (Adventure Based Counseling)	3	_____	_____
KIN _____ Elective (200 or higher)	3	_____	_____
KIN _____ Elective (300 or higher)	3	_____	_____
KIN 460 (Internship)	3	_____	_____
PED Activity	1	_____	_____
General Electives-19 hrs.		_____	_____
*Advisor approval			

**PROFESSIONAL EDUCATION (PE K-12) ON REVERSE PAGE.**

**PROFESSIONAL EDUCATION (47 sem. hrs.)**

KIN 091 (Physical Fitness Testing UG)	0	_____	_____
KIN 226 (Team Sports)	3	_____	_____
KIN 228 (Lifetime Activities)	3	_____	_____
EDU 299**(Pre-Teach Field Experience)	1	_____	_____
EDU 300**(Intro. to Education)	3	_____	_____
EDU 304 (Educational Psychology)	3	_____	_____
KIN 385 (Motor Development)	3	_____	_____
KIN 396 (Measurement & Evaluation)	3	_____	_____
PED Activity (Aquatics)	1	_____	_____
PED Activity (Conditioning)	1	_____	_____
PED Activity (Individual Sport/Activity)	1	_____	_____

**NOTE: STUDENT MUST BE ADMITTED TO TEACHER ED PROGRAM BEFORE TAKING ANY OF THE FOLLOWING COURSES:**

KIN 306 (PE Elem School)	3	_____	_____
KIN 307 (PE Secondary School)	3	_____	_____
KIN 386 (Adapted PE)	3	_____	_____
EDU 460+(Man. Second.)	3	_____	_____
EDU 471, 472, 473, 474*+(Directed Teach)	12	_____	_____
KIN 092 (Physical Fitness Testing SR)	0	_____	_____
General Electives-	4	_____	_____

\*Taken during the same semester. + TEP admission required  
 \*\*These courses must be taken during the sophomore year.

**GENERAL ELECTIVES**

The number of general elective hours required are dependent upon student's Kinesiology concentration.

General Kinesiology	25 hours	Exercise Science	15 hours	Pre-PT and Pre-OT	12 hours
Sports Management	19 hours	Sports Ministry	19 hours	Education	3 hours

_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

**CHAPEL** (One to four semesters are required depending upon student's classification at time of matriculation.) \_\_\_\_\_

**ENTRANCE AND MAINTENANCE REQUIREMENTS FOR THE MISSISSIPPI COLLEGE TEACHER EDUCATION PROGRAM (TEP) – Secondary and K-12**

Teacher candidates will apply for admission into the Teacher Education Program (TEP) as part of the course requirements for EDU 300, INTRODUCTION TO EDUCATION. Transfer students who have had the course equivalent of EDU 300 at another 4-year institution, must make application to TEP in the Office of Field Experiences (Lowrey 207) during their first semester at Mississippi College. No upper level (300-400) courses including EDU 300 are accepted in transfer from 2-year colleges as part of Teacher Education Program requirements. All students must be admitted to the TEP before taking any courses for which TEP admission is required. All teacher candidates applying for entrance into the TEP must:

- Additionally the student must:
1. have successfully completed 44 semester hours
  2. have an overall (cumulative) GPA of at least 2.75
  3. have a minimum GPA of 2.75 in the area(s) of expected certification
  4. pass the PRAXIS I Core CASE: Reading 156; Writing 162; Mathematics 150. *Entrance test is waived if student has a high school ACT score of 21 or higher (no sub-test below 18) or SAT (910 or higher math/verbal).*
  5. have passed the Writing Proficiency Exam or ENG 299.

**ENTRANCE AND MAINTENANCE REQUIREMENTS FOR THE PROFESSIONAL SEMESTER (PS) of STUDENT TEACHING AT MISSISSIPPI COLLEGE**

**STUDENT TEACHING ASSIGNMENTS ARE RESTRICTED TO COPIAH, HINDS, MADISON, RANKIN AND WARREN COUNTIES.** Appeals to student teach outside of these areas must be made to the Teacher Education Department Chair. Student Teaching is to be completed during the senior year after the following requirements have been met:

1. be admitted to the Teacher Education Program for at least one full semester prior to the semester of student teaching.
2. have completed EDU 299.
3. have passed the Writing Proficiency Exam.
4. not have any grades of (I) incomplete.
5. complete any correspondence courses and have grade(s) on file in the Registrar's Office before the Professional Semester begins.
6. have at least a 2.75 GPA in the area(s) of expected certification as well as a cumulative GPA of 2.75.
7. have completed at least three-fourths of the required courses in his/her area of specialization, (secondary education students only).
8. have completed (with a minimum grade of C) all Professional Education and subject matter courses except 471, 472, 473, 474 (K-12 students only) and EDU 431, 432, 433, 434 (7-12 students).
9. upon taking EDU 460 must pass with a grade of C or better.
10. have completed one Personal Fitness Assessment and reported results to Physical Education College Advisor.
11. have discussed Physical Educator's Code of Conduct with Advisor and signed contract agreeing to abide by Code throughout Student Teaching.

It is the responsibility of each teacher candidate to return a completed application for student teaching to the Office of Field Experiences by the assigned date.

**Teacher candidates pass the Praxis I as part of the entrance requirements into the TEP. Teacher candidates also pass the Praxis II which includes the Principles of Learning and Teaching (PLT) plus a specialty area test in order to be licensed by the Mississippi Department of Education.**

I have read carefully the above material. I understand that it is my responsibility to see that each of these requirements is met. I also understand that I am responsible for the information found in the college catalog and the Teacher Education Handbook.

**Student's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_