



Figure 3.1 Movement analysis framework (wheel) depicting the interaction of movement concepts and skill themes. To enhance your understanding, mount the wheel on pieces of cardboard (a manila folder works well) or on poster board. Cut the wheel between the inner two and the outer three circles, and glue the outer three circles to one piece of cardboard. Attach the two inner circles to a second piece of cardboard and connect the two with a clasp that lets the inner circles rotate.