

MISSISSIPPI COLLEGE
SCHOOL OF NURSING

NUR 353
HEALTH ASSESSMENT

FALL 2013/Spring 2014

MISSISSIPPI COLLEGE SCHOOL OF NURSING
NUR 353 HEALTH ASSESSMENT

Course Title: NUR 353 - Health Assessment

Course Credit: 3 Hours (2 credit hours theory: 30 contact hrs; 1 credit hour lab: 45 contact hours)

Placement in Curriculum: Level I, Semester I

Prerequisite: Admission to the Nursing Program, Co-Requisite with NUR 344

Coordinators: Deborah Welch, MSN, RN
Charlotte Wood, MSN, PHD, RN

Faculty: Lisa Goforth, MSN, RNC-OB
Mary Ellen Stewart, MSN, RN

Catalog Description: Introduces nursing assessment knowledge and skills applicable to the practice of professional nursing. The emphasis of the course will be on the relationship between the nursing process and health assessment skills.

Course Rationale: This junior level didactic and laboratory course provides students the opportunity to integrate knowledge from the liberal arts and sciences. The course focuses on the knowledge and skills necessary to perform a health assessment as expected of a professional nurse. Students are prepared at a beginning level to perform comprehensive assessments (history and physical examination) on adult, child, newborn and antepartal clients.

Course Objectives: Upon completion of the course the student will be expected at a beginning level to:

1. Perform systematic health assessments on individuals across the lifespan including health history and physical examination skills.
2. Assess spiritual, social cultural and psychological components of individual clients.
3. Identify whether assessment findings are normal or abnormal.
4. Perform physical assessment skills of inspection, palpation, percussion and auscultation.
5. Collect data relevant to health promotion, risk reduction and disease prevention for individual clients.
6. Utilize assessment within the framework of the nursing process for initial and ongoing assessments.
7. Document health assessment findings.

Course Outline:

- I. Introduction to Course
 - A. Required Text
 - B. Grade Sheet
 - C. Policies/procedures specific to NUR 353
- II. Health Assessment: Adult

- A. Examination Techniques, Equipment, and Approach
 - B. Health History, Review of Systems and General Survey
 - C. Head, Neck, Mouth, Nose, Throat and Sinuses
 - D. Eyes and Ears
 - E. Skin, Hair, and Nails
 - F. Thorax and Lungs
 - G. Heart, Neck Vessels and Peripheral Vascular
 - H. Breasts and Lymphatics
 - I. Abdomen
 - J. Musculoskeletal
 - K. Neurologic including Emotional and Mental Status
 - L. Male and Female Genitalia, Anus, and Rectum
- III. Individualized nursing assessments
- A.. Health Assessment - Antepartal Client
 - B. Health Assessment - Infant/Child/Adolescent Client.
 - C. Health Assessment - Newborn Client.
- IV. Pulling It All Together Validation

Teaching Strategies

Lecture, discussion, dialogue within and among small groups, internet streamed video, CD-ROMs, computer assisted instruction, audiovisual aids, lab practice with demonstration and return demonstration, case studies, role playing, games

Evaluation Methods: (See grade sheet)

Documentation of findings from health history, review of systems, and physical assessment of specific system(s)

Participation in class

Performance in lab

Physical assessment validation

Quizzes

Exams

Required Text:

1. *Taber's cyclopedic medical dictionary* (latest ed.) Philadelphia: F.A. Davis.
2. Weber, J. & Kelley, J. (2010). *Health assessment in nursing* (4th ed.). Philadelphia: Lippincott, Williams and Wilkins.
3. Weber, J and Kelley, J. (2010). *Lab manual to accompany health assessment in nursing* (4th ed.). Philadelphia: Lippincott, Williams and Wilkins.

Revised: 10/99; 6/00; 6/01, 5/03, 5/04, 7/05, 6/06, 6/07, 7/08, 6/10, 6/11, 6/12, 6/13

MISSISSIPPI COLLEGE SCHOOL OF NURSING
NUR 353 Health Assessment

Course Specific Policies

1. Active participation and preparation for classroom and laboratory experiences is expected.
2. Students are expected to bring their textbook and lab manual book to every class.
3. Students should expect a “quiz” every class session.

School of Nursing Policies

All policies listed in the Student Handbook are followed in NUR 353. It is the student’s responsibility to be familiar with the handbook. These policies were covered in the Semester I orientation. Please refer to your handbook for policies related to absences, late penalties, exams, and progression and dismissal. (Policy 2.04)

Grading Scale

The grading scale used by the School of Nursing is as follows:

- A - 93-100
- B - 85-92
- C - 77-84
- D - 70-76
- F - 69 and below

For purposes of progression in the School of Nursing, grades of D and F represent unacceptable work. Students must have a 77% or higher average in order to successfully complete a course.

Late Work

1. Papers are considered late if not submitted by the specified due date and time. Any difficulty in meeting a due date should be discussed with the instructor prior to the due date.

Late penalties will be calculated at 5 points per day, with the exception of Saturday and Sunday counting as one day.

2. Papers must follow the acceptable style (grammar, spelling), or the paper may be returned to be corrected before grading occurs. No late penalty will be imposed unless the revised deadline for the paper is missed. All written work, once turned in to faculty, becomes property of the School of Nursing.

Grievance Procedure

All grievance pertaining to the academic performance of a nursing student should be discussed by the student and faculty member involved. If a problem cannot be resolved between the student and faculty member, the issue is then referred to the course coordinator. For further and more complete information regarding the grievance process please refer to Student Affairs Policy 4.01 in the Mississippi College School of Nursing Student Handbook.

Support Services

Mississippi College School of Nursing faculty provide basic support services such as test review, tutoring, and academic advising. These are available to the student upon request to the appropriate semester faculty. In addition to the support services provided Mississippi College provides support services such as the writing center, testing and counseling, career services and health services. Please refer to the Mississippi College web page for more detailed information

Important Dates

Please refer to your course calendar for important course and college dates.

Academic Honesty:

Mississippi College students are expected to be scrupulously honest. Dishonesty, such as cheating or plagiarism, or furnishing false information, including forgery, alteration or misuse of University documents, records or identification, will be regarded as a serious offense subject to severe penalty, including, but not limited to, loss of credit and possible dismissal. See the Mississippi College Student Handbook or University Policy 2.19 for specific information regarding penalties associated with dishonest behavior at Mississippi College. Copies of the Mississippi College Student Handbook are available on line under Campus Life; Student publications. Copies of university policies are available on the Mississippi College web site. (Source: Mississippi College Undergraduate Catalog)

Plagiarism

The School of Nursing adheres to the Mississippi College policy concerning plagiarism which appears in the *Mississippi College General Bulletin* and the *Mississippi College Student Handbook*. It is as stated here:

No student shall submit as his own work any term paper, research paper, thesis or other academic assignment of original work that in any substantial part is not in fact his own work. (This is not intended to prohibit clerical or stenographic assistance such as typing of manuscripts, nor is it to hinder the normal use of reference or other material, provided that the source is acknowledged and documented.) Violation of this regulation shall result in a grade of "0" on the paper or project; repeated violation shall be cause for severe disciplinary action; aiding or abetting plagiarism of the sort described above shall also be cause for disciplinary action (refer. In the absence of clear evidence of a violation, but when there are grounds for reasonable doubt that any item of work is the student's own, the work (paper, thesis, etc.) shall be rejected and the student shall be given another opportunity to do the work with proper safeguards for the assurance of honesty.

Failure to adhere to this policy may result in dismissal.

Disabilities Act of 1990

In accordance with Section 504 of the Rehabilitation Act of 1973, Mississippi College does not discriminate on the basis of handicap in admission or access to, or treatment or employment in, its programs and activities.

Disabilities: ADA Statement and Student Counseling Services Protocol (Sp 2010)

In order for a student to receive disability accommodations under Section 504 of the Americans with Disabilities Act, he or she must schedule an individual meeting with the Director of Student

Counseling Services **immediately upon recognition of their disability** (if their disability is known they must come in before the semester begins or make an appointment **immediately** upon receipt of their syllabi for the new semester). The student must bring with them written documentation from a medical physician and/or licensed clinician that verifies their disability. If the student has received prior accommodations, they must bring written documentation of those accommodations (example Individualized Education Plan from the school system). Documentation must be current (**within 3 years**). The student must meet with SCS **face-to face** and also attend two (2) additional follow up meetings (one mid semester before or after midterm examinations and the last one at the end of the semester). Please note that the student may also schedule additional meetings as needed for support through SCS as they work with their professor throughout the semester. Note: Students must come in **each semester** to complete their Individualized Accommodation Plan (example: MC student completes fall semester IAP plan and even if student is a continuing student for the spring semester they must come in again to complete their spring semester IAP plan).

Student Counseling Services is located in Alumni Hall Room #4 or they may be contacted via email at christia@mc.edu or rward@mc.edu. You may also reach them by phone at **601-925-7790**.

Absences

According to Academic Affairs Policy 2.10 there is an expectation that students attend class if they fail to do so it can result in an “F” for the course. In the School of Nursing if a student misses 25% or more of a particular course that student will receive an “F” .

If a student misses more than the number of class periods specified in university policy and believes that there are reasonable explanations for the absences, he/she may appeal the absences to the Dean of the School in which the course is being taught. Students may obtain a Student Absence Appeal Form from the Dean’s Office.

Adopted by faculty 5/96

Revised 6/97, 12/97, 6/98, 5/99,5/03, 6/06, 9/07, 7/10, 6/11