MISSISSIPPI COLLEGE

SCHOOL OF NURSING

NUR 344
CLINICAL PRACTICE I

FALL 2013/SPRING 2014

Mississippi College School of Nursing
NUR344 - Clinical Practice I

Course: NUR 344, Clinical Practice I

Credit: 4 semester hours (180 contact hours)

Placement in curriculum: Semester I

Prerequisite: Co- or prerequisite of NUR345 and NUR353

Faculty: Deb Welch, MSN, RN., - Course Coordinator
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Lisa Goforth, MSN, RN, RNC-OB
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Charlotte Wood, Ph.D., RN

Catalog Description: Focuses on the utilization of the nursing process in promoting an optimal level of health for individuals and families.

Course Description: In this course the student develops fundamental skills necessary for the practice of professional nursing. The clinical experiences will focus on the application of concepts, processes, and skills with individuals and families experiencing minimal and/or common alterations in human functioning in structured health care settings. Emphasis is placed on use of the nursing process with clients across the lifespan.

Course Rationale: This junior level course provides students the opportunity to develop fundamental nursing skills. The clinical experiences focus on the application of concepts, processes, and skills with individuals and families experiencing minimal and/or common alterations in human functioning in structured health care settings. Emphasis is placed on use of the nursing process with clients across the lifespan.

Course Objectives:
At the completion of the course, the student will be expected to:
1. Provide care based on current knowledge, theory, and research.
2. Assume accountability and responsibility for practice.
3. Communicate effectively with other health care professionals.
4. Utilize principles of therapeutic communication with individuals.
5. Practice critical thinking by integrating knowledge from humanities, natural, behavioral, and computer sciences into nursing practice.
6. Utilize the nursing process within a structured setting with individual clients from diverse populations experiencing common, well defined, recurring alterations in health.
7. Perform health assessments on individual clients.
8. Utilize pharmacology and non-pharmacological therapies with individual clients.
9. Perform basic nursing skills competently with individual clients in structured settings.

10. Demonstrate Christian caring in provision of nursing care.
11. Utilize information technologies to enhance knowledge base, retrieve information to support nursing practice, and document nursing actions.

Course Overview…….. 1
Policies…….. 8
Grade sheet…… 9

COURSE OUTLINE:

I. Professionalism 10
Information Technology…… 11
II. Christian Caring: Self Care Journal..... 16
III. Assessing Vital Signs…… 18
IV. Nursing Process
A. Application of Nursing Process …… 20
B. 1. Diagnostic Math Test…… 27
2. Medication Calculation …….. 30
3. Medication Calculation based on body weight…… 38
C. Medication Administration
1. Concepts, sublingual, oral, & gastric……. ……..42
2. Topical and miscellaneous medications……44
3. Parenteral: Intradermal, subcutaneous, intramuscular, 45
V. Communication Process
A. Documentation 46
B. Process Recording 47
VI. Categories of Human Functioning
A. Protective Functioning
1. Standard Precautions and Asepsis ….....…… 48
2. Restraint/Fall Prevention……. 49
3. Sterile Dressing Change ……..... 50
B. Comfort/Rest: Hygiene and Application of Hot and Cold ……..... 52
C. Activity/Mobility ……..... 54
D. Nutritional Feeding ……..... 55
E. Elimination
1. Bowel .....…… 57
2. Urinary .....…… 59
F. Growth and Development
1. Family Assessment .....…… 60
2. Older Adult .....…… 61
G. Categories of Human Functioning - Sensory/Perceptual Functions……. 62
H. Psychosocial/Cultural: Cultural Diversity…… 63

VII. Clinical
A. Introduction…… C1
Information…….. C2
Clinical performance evaluation…….. C3

VII. Clinical con't

B. **Fundamentals rotation overview**……..…. F1

Fundamentals Forms (**on moodle)**

Fundamental Grade Sheet…… F2
Fundamentals checklist……. F3
Medical diagnosis/pathophysiology sheet…… F4
Medication Worksheet …… F5
Nursing Care Plan form …… F6
Health Assessment …… F7
Self-evaluation tool: Fundamentals…… F14
Extra copies…… F16

C. **Adult rotation overview** ……. A1

Adult Forms [**on moodle**]

Adult clinical grade sheet…… A2
General Information Form ……. A3
Medical diagnosis/pathophysiology sheet …… A4
Medication worksheet …….. A5
Nursing care plan ……. A6
Assessment Guide…… A7
Adult rotation checklist…….A12
Self-evaluation tool: Adult…….. A13
Extra copies…….. A15

D. **Maternal child rotation overview** ……..…… MC1

Maternal child forms [on moodle]

Maternal child rotation grade sheet…… MC2
Maternal child clinical grade sheet …… MC3

Antepartal/Newborn:

Antepartal overview…… MC-A1
Newborn overview…… MC-NB1
Newborn clinical worksheet …… MC-NB2
Newborn assessment …….…… MC-NB4

Pediatrics/Daycare:

Pediatrics overview…… MC-P1
Pediatric clinic history& physical exam form…… MC-P2
Daycare overview…… MC-DC1

Teaching Strategies/Methods of Instruction: Reading, lecture, discussion, case studies, group work/oral presentations, streamed videos, DVDs, computer use, cyber journeys, simulated learning, writing in-class and out-of-class assignments, journaling, reflection, laboratory practice, clinical practice. Each content area has an individual lesson plan with lesson objectives, lesson plan, required readings/activities/internet, teaching strategies, and evaluation methods. Web sites, computer usage, and Moodle are integrated throughout the course.

Evaluation Methods: Math test passage with 90% correct required before any other factors figured**,** Exams (50%), Interpersonal Process Recording (05%), fundamentals clinical experience (15%), adult clinical experience (15%), maternal/child clinical experience (15%), self-care journal (satisfactory/unsatisfactory).

NUR 344: NURSING I:

Required: NUR 345 textbooks plus
Curren, A., (2009). *Math for meds* (10th ed.). San Diego: W.I. Publications.
Corbett, J. (2008). *Laboratory tests and diagnostic procedures with nursing diagnoses* (8th ed.). Sanford,
CT: Appleton & Lange.
Deglin, J.H. & Villerand, A.H. (2010). *Davis Drug Guide for Nurses* (12th ed.). Philadelphia: F.A. Davis.
Lynn, P. (2011). *Skill Checklists for Taylor's Clinical Nursing Skills: A Nursing Process Approach* (3rd ed.).
Wolters Kluwer/Lippincott, Williams, & Wilkins.
Lynn, P. (2011). *Taylor's clinical nursing skills: A nursing process approach* (3rd ed.). Philadelphia:
Wolters Kluwer/Lippincott, Williams, & Wilkins.
Venes, D. (Ed.) (2009). *Taber's medical dictionary* (21st ed.). Philadelphia: F.A. Davis.

Electronic Resources:

Bates Visual Guide to Physical Examination

Taylor's Video Guide to Clinical Nursing Skills.

http://ThePoint.LWW..com/Taylor

School of Nursing Student Handbook
Each student has been given a copy of the School of Nursing Student Handbook. Students are responsible for referring to the School of Nursing Student Handbook for information on policies.

Grading Scale
The grading scale used by the School of Nursing is as follows:

A - 93-100
B - 85-92
C - 77-84
D - 70-76
F - 69 and below

For purposes of progression in the School of Nursing, grades of D and F represent unacceptable work. Students must have a 77% or higher average in order to successfully complete a course.

Late Work

1. Papers are considered late if not submitted by the specified due date and time. Any difficulty in meeting a due date should be discussed with the instructor prior to the due date.
   Late penalties will be calculated at 5 points per day, with the exception of Saturday and Sunday counting as one day.
2. Papers must follow the acceptable style (grammar, spelling), or the paper may be returned to be corrected before grading occurs. No late penalty will be imposed unless the revised deadline for the paper is missed. All written work, once turned in to faculty, becomes property of the School of Nursing.

Grievance Procedure

All grievance pertaining to the academic performance of a nursing student should be discussed by the Student should be discussed by the student and faculty member involved. If a problem cannot be resolved between the student and faculty member, the issue is then referred to the course coordinator. For further and
more complete information regarding the grievance process please refer to Student Affairs Policy 4.01 in the Mississippi College School of Nursing Student Handbook.

Support Services

Mississippi College School of Nursing faculty provide basic support services such as test review, tutoring, and academic advising. These are available to the student upon request to the appropriate semester
faculty. In addition to the support services provided Mississippi College provides support services such as the writing center, testing and counseling, career services and health services. Please refer to the Mississippi
College web page for more detailed information

Important Dates

Please refer to your course calendar for important course and college dates.

Academic Honesty

Mississippi College students are expected to be scrupulously honest. Dishonesty, such as cheating or plagiarism, or furnishing false information, including forgery, alteration or misuse of University documents, records or identification, will be regarded as a serious offense subject to severe penalty, including, but not limited to, loss of credit and possible dismissal. See the Mississippi College Student Handbook, University Policy 2.19 for specific information regarding penalties associated with dishonest behavior at Mississippi College. Copies of the Mississippi College Student Handbook are available on line under Campus Life; Student publications. Copies of university policies are available on the Mississippi College web site. (Source: Mississippi College Undergraduate Catalog).

Plagiarism

The School of Nursing adheres to the Mississippi College policy concerning plagiarism which appears in the *Mississippi College General Bulletin* and the *Mississippi College Student Handbook*. It is as stated here:

> No student shall submit as his own work any term paper, research paper, thesis or other academic assignment of original work that in any substantial part is not in fact his own work. (This is not intended to prohibit clerical or stenographic assistance such as typing of manuscripts, nor is it to hinder the normal use of reference or other material, provided that the source is acknowledged and documented.) Violation of this regulation shall result in a grade of "0" on the paper or project; repeated violation shall be cause for severe disciplinary action; aiding or abetting plagiarism of the sort described above shall also be cause for disciplinary action (refer. In the absence of clear evidence of a violation, but when there are grounds for reasonable doubt that any item of work is the student's own, the work (paper, thesis, etc.) shall be rejected and the student shall be given another opportunity to do the work with proper safeguards for the assurance of honesty.

Failure to adhere to this policy may result in dismissal.

Disabilities Act of 1990

In accordance with Section 504 of the Rehabilitation Act of 1973, Mississippi College does not discriminate on the basis of handicap in admission or access to, or treatment or employment in, its programs and activities.

Disabilities: ADA Statement and Student Counseling Services Protocol (Sp 2010)

In order for a student to receive disability accommodations under Section 504 of the Americans with Disabilities Act, he or she must schedule an individual meeting with the Director of Student Counseling Services **immediately upon recognition of their disability** (if their disability is known they must come in before the semester begins or make an appointment **immediately** upon receipt of their syllabi for the new semester). The student must bring with them written documentation from a medical physician and/or licensed clinician that verifies their disability. If the student has received prior accommodations, they must bring written documentation of those accommodations (example Individualized Education Plan from the school system). Documentation must be current (**within 3 years).** The student must meet with SCS **face-to face** and also attend two (2) additional follow up meetings (one mid semester before or after midterm examinations and the last one at the end of the semester). Please note that the student may also schedule additional meetings as needed for support through SCS as they work with their professor throughout the semester. Note: Students must come in **each semester** to complete their Individualized Accommodation Plan (example: MC student completes fall semester IAP plan and even if student is a continuing student for the spring semester they must come in again to complete their spring semester IAP plan).

Student Counseling Services is located in Alumni Hall Room #4 or they may be contacted via email at mbryant@mc.edu or rward@mc.edu. You may also reach them by phone at **601-925-7790.**

Absences

According to Academic Affairs Policy 2.10 there is an expectation that students attend class if they fail to do so it can result in an "F" for the course. In the School of Nursing if a student misses 25% or more of a particular course that student will receive an "F" .

If a student misses more than the number of class periods specified in university policy and believes that there are reasonable explanations for the absences, he/she may appeal the absences to the Dean of the School in which the course is being taught. Students may obtain a Student Absence Appeal Form from the Dean's Office.

Syllabus standard adopted 7/11

Approved by faculty 5/95
Revised 12/95, 6/96, 12/96, 6/97, 6/98, 6/2003, 6/2006, 6/2007, 7/2008, 7/2009, 12/2010, 6/2010, 12/2010, 7/2011, 5/2012